



Young Excellence Sisterhood



INSTILLING MY ABILITY TO NATURALLY EMBRACE EXCELLENCE



Message from the Founder

"When you empower a girl, you empower a nation!" This is the energy IMANEE channels when working with young women. We know that in our midst, are the nation's future leaders, change agents, and professionals. Since 2012, the goal of our organization has always been to expand the vision of our participants. We want them to dream their wildest dreams and know that excellence is their birthright.

Our mission is simple -

We are a resource for positive transformation in the lives of girls and women of color. Through community programming, workshops, and mentoring we desire to help girls and women embrace a life of excellence.

We accomplish our mission through our Young Excellence Sisterhood (IMANEE YES) mentoring program and our annual Shero Brunch. Our mentoring program engages girls ages 11-17 in monthly workshops focused on their growth, leadership development skills, self-love and charting new paths. The Shero Brunch allows us to channel that same energy by celebrating the work of women in the community who put girls at the forefront.

We invite you to learn more and join us on this transformative journey!

Lauren R. Jackson, MPA, Esq.



IMANEE ORG



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Program Overview

MISSION

The mission of the Young Excellence Sisterhood (YES) is to encourage girls of colors to say 'YES' to their excellence, leadership abilities and purpose.

VISION

Educate: We aspire to educate girls, first about themselves and second, about their opportunities. Through self-esteem and leadership training, girls commit themselves to discovering their purpose and what impact they want to leave in this world. Once they are clear about their purpose, we help them discover resources that are available to them in order to accomplish their goals.

Empower: We are dedicated to reinforcing the importance of sisterhood during every program, workshop, mentor meeting or publication we produce. Empowerment is truly successful when girls have recognized their individual excellence and can encourage other girls to seek the same.



Girls present "Removing Our Masks" at P.S. 156Q. Purpose was to remove labels and stigmas they may have adopted based on the opinions of others.



MEETINGS

- Every 4th Saturday*
- Four Hour Time Blocks
- Required Tools: Notebook, Journal, Requested item for the meeting, any assignment due

Program will be virtual for 2020

REQUIRED BOOKS

- My Excellence Guide
- State of Black Girls
- Legacies: A Guide for Young Women in Planning Their Future
- Four Agreements

YES RETREAT

A weekend retreat for girls to engage in trust building activities, personal bonding within the sisterhood, and to learn the value of support. This weekend will be inclusive of workshops, guided meditations, ropes course and FUN!



Program Framework

Workshop Topics

WHO ARE WE?

Identifying ourselves and identifying the goals for our collective.

THROUGH THE LENS OF MY MOTHER

An exploration of mother/daughter relationships and how we view ourselves based on our mothers' projections. Mothers are invited to participate.

SERVICE IS THE GIFT

A conversation about servant leadership. We will then engage in a service project benefitting girls in the foster care system.

RISE UP GIRL

A focus on why girls are relevant and meaningful in today's society. A deep exploration on the process of finding our purpose and becoming who we are designed to be.

MY BODY, MY POWER

A real conversation about body image, sexual health and autonomy over one's self.

CONTROLLING MY NARRATIVE

A look into how society and the media tells the story of Black & Brown girls. Girls will look at the story they are telling about themselves through their social media accounts.



Workshop Topics

CREATING MY LEGACY

Various activities such as vision boarding, A Look In The Mirror, education discussions, development of a resume, etc.

CHARTING MY COURSE

A panel discussion with young women in the arts, activism, business, etc., who are close in age with program participants. Discussion will revolve around charting your path at a young age.

BEAUTY IS ME

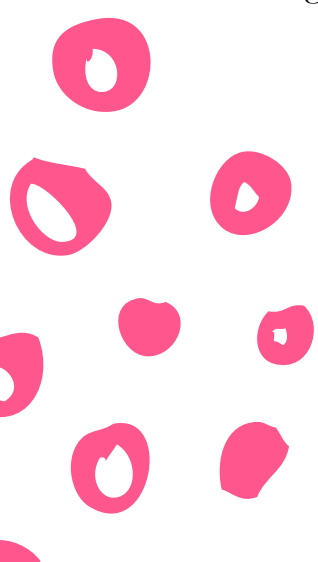
In partnership with Beauty That Cares and Black beauty brands.

SECURING THE BAG

A discussion about finances, the truth about paying for college and how to get a head start on seeking scholarships.

OWNING THE GAME

Designed to introduce entrepreneurship and allow girls to learn all about the process of running their own business.





Participant Information

COHORT DETAILS

Each year the program will accept a maximum of 30 girls.

SELECTION PROCESS

Interested young ladies must fill out an application and meet with us for a brief interview. This will give us the opportunity to get acquainted, learn more about you and what you are seeking from a mentoring program.

AGE REQUIREMENT

Interested young ladies should be between the ages of 11-17 years old.

PARENT PARTICIPATION

Parent or guardian participation is a REQUIREMENT of the program. Parents will be required to attend every parent circle to engage in their own process of understanding how they can support their daughter during her time in the program.

FEES

Participants will be responsible for the cost of IMANEE Retreat.





Y.E.S. APPLICATION

Full Name:

Birthday:

Address:

Phone Number:

Email:

Parent/Guardian Information:

Emergency Contact:

School Information and Activities:

Interest and Hobbies:

Legacy Statement: You are never too young to start thinking about the impact you want to leave on the world. The purpose of the Young Excellence Sisterhood is to help put you on the path to fulfilling this impact! Tell us what impact you want to leave!

Your Gifts: The Young Excellence Sisterhood is all about connection and support. What are some qualities that will help achieve this goal?



Contact Us

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