



YOUNG EXCELLENCE SISTERHOOD

Volunteer Information Packet



WWW.IMANEE.ORG



Message from the Founder

"When you empower a girl, you empower a nation!" This is the energy IMANEE channels when working with young women. We know that in our midst, are the nation's future leaders, change agents, and professionals. Since 2012, the goal of our organization has always been to expand the vision of our participants. We want them to dream their wildest dreams and know that excellence is their birthright.

The Young Excellence Sisterhood (IMANEE YES), is our revamped mentoring program. For one year, young ladies will engage in monthly workshops focused on their growth, leadership development skills, self-love and charting new paths. I am so grateful that you are interested in learning how you can serve our young ladies. No matter what role you choose to serve in, our organization is better because of your support.

Lauren R. Jackson, MPA, Esq.

Founder



IMANEE ORG



@IMANEEORG



@IMANEEOrg

PROGRAM OVERVIEW

MISSION

Our mission is to be a catalyst for positive elevation and transformation for girls of color.

VISION

Educate: We aspire to educate girls, first about themselves and second, about their opportunities. Through self-esteem and leadership training, girls commit themselves to discovering their purpose and what impact they want to leave in this world. Once they are clear about their purpose, we help them discover resources that are available to them in order to accomplish their goals.

Empower: We are dedicated to reinforcing the importance of sisterhood during every program, workshop, mentor meeting or publication we produce. Empowerment is truly successful when girls have recognized their individual excellence and can encourage other girls to seek the same.





MENTOR

During our monthly sessions, there will be a guided mentoring activity that will allow you to work one-on-one or in a small group with our young ladies. This opportunity provides the girls with space to dive deeper into the topic for that day.

PROGRAMS SQUAD

Ideal team members have knowledge of workshop planning for teens. Members of the Programs Squad will help flesh out the activities for workshop topics, assist with confirming guests and/or materials for that day.

#YESSOCIAL

Of course we want the public to know about all of the amazing things happening with our girls! Join our social media team to help spread the work of our organization!

RETREAT SQUAD

Members of the Retreat Squad will help plan the logistics of the girls' summer weekend. This includes scouting locations, organizing transportation, securing materials, etc.



Volunteer Opportunities

TIME COMMITMENT

MENTORING TEAM

We know your time is valuable! Whether you choose to come for one session or every session, we appreciate your willingness to give back. Requirements of the mentoring team are as follows:

- Complete your volunteer application
- Complete a brief 30-minute interview upon which you will provide references
- Complete a volunteer orientation (to be done virtually)
- Select your dates for volunteering
- Join a conference call with the programs team the Thursday evening prior to your volunteer date
- Complete feedback survey within 5 days of your volunteer date



TIME COMMITMENT

PROGRAMS SQUAD

Our effectiveness and impact is only as good as our programming. As the organization has already set forth the topics for the year, our task is to ensure the activities are on target with our desired outcomes. Programs squad requirements:

- Complete your volunteer application
- Complete a brief 30-minute interview
- Complete a volunteer orientation (to be done virtually)
- Select the workshops you would like to plan
- Update Google document relating to your specific workshop with suggested activities one week before the scheduled workshop.
- Join conference call Thursday evening prior to your scheduled Saturday session.
 - First 30 minutes with Founder and Programs team to review feedback
 - One hour call with Mentors who will be volunteering for the session



TIME COMMITMENT

#YESSOCIAL

We want the work we do with our young ladies to inspire others. In order to do this, we have to share our workshops with the world! Social Team requirements:

- Complete your volunteer application
- Complete a brief 30-minute interview
- Complete a volunteer orientation (to be done virtually)
- Knowledge of Facebook, Instagram, Twitter and/or Canva

RETREAT SQUAD

Part of the YES experience is a weekend retreat during the summer break. Retreat squad requirements:

- Complete your volunteer application
- Complete a brief 30-minute interview
- Complete a volunteer orientation (to be done virtually)
- Assist with seeking retreat locations and transportation
- Work with the Programs Squad to secure any materials for the retreat
- Assist with finding vendors for retreat swag
- Organize food for retreat if not available on location





MEETINGS

- Every 4th Saturday
- Four Hour Time Blocks
- Required Tools: Notebook, Journal, Requested item for the meeting, any assignment due

REQUIRED BOOKS

- My Excellence Guide
- State of Black Girls
- Legacies: A Guide for Young Women in Planning Their Future
- Four Agreements

YES RETREAT

A weekend retreat for girls to engage in trust building activities, personal bonding within the sisterhood, and to learn the value of support. This weekend will be inclusive of workshops, guided meditations, ropes course and FUN!



Program Framework

WORKSHOP TOPICS

WHO ARE WE?

Identifying ourselves and identifying the goals for our collective.

THROUGH THE LENS OF MY MOTHER

An exploration of mother/daughter relationships and how we view ourselves based on our mothers' projections. Mothers are invited to participate.

SERVICE IS THE GIFT

A conversation about servant leadership. We will then engage in a service project benefitting girls in the foster care system.

RISE UP GIRL

A focus on why girls are relevant and meaningful in today's society. A deep exploration on the process of finding our purpose and becoming who we are designed to be.

MY BODY, MY POWER

A real conversation about body image, sexual health and autonomy over one's self.

CONTROLLING MY NARRATIVE

A look into how society and the media tells the story of Black & Brown girls. Girls will look at the story they are telling about themselves through their social media accounts.



WORKSHOP TOPICS

CREATING MY LEGACY

Various activities such as vision boarding, A Look In The Mirror, education discussions, development of a resume, etc.

CHARTING MY COURSE

A conversation with young women in the arts, activism, business, etc., who are close in age with program participants. Discussion will revolve around finding your path early.

BEAUTY IS ME

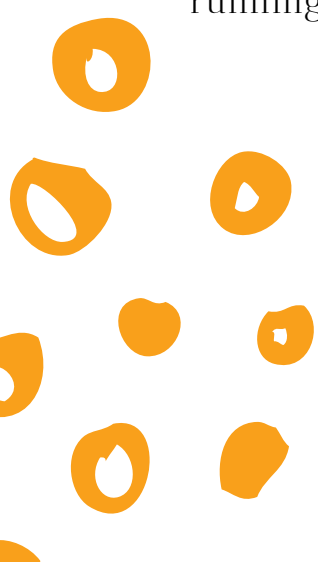
In partnership with Beauty That Cares and Black beauty brands.

SECURING THE BAG

A conversation about finances, the truth about paying for college and how to get a head start on seeking scholarships.

OWNING THE GAME

Designed to introduce entrepreneurship and allow girls to learn all about the process of running their own business.





Contact Us

CONTACT PERSON

Lauren R. Jackson, Esq.

PHONE NUMBER

646-644-3667

EMAIL ADDRESS

Lauren@imanee.org

